

Waterloo-Wellington Community Reintegration

Community Partners Video Project

*Waterloo-Wellington Regional
Aphasia Program*



Waterloo-Wellington Community Reintegration



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Speech-Language Pathologist

Clinical Lead - WWRAP

Waterloo-Wellington Regional Aphasia Program

The **WWRAP** team includes **Speech-Language Pathologists**, **Communication Disorders Assistants**, and a **Social Worker**.

Services:

1. Therapeutic Conversation Groups

- **Virtual and In-person**
- Use **Supported Conversation SCA™**
- Participants **learn and practice supportive communication tools and techniques**
- Participants **connect and build relationships** with others with aphasia



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2. Peer Support Groups

- **1-hour** weekly **virtual** group
- **Discussion** on **challenges** and **successes** of **living with aphasia**
- Opportunity to **connect** with **others** with **shared experiences**
- Facilitated by **Social Worker** with SCA training

3. Family/Communication Partner Support

- **Communication Partner Training** in Supported Conversation (SCA™)



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- **Caregiver Support Group**
 - **1-hour** weekly **virtual** group
 - **Discussion** on topics related to **caregiving** and **self-care**
 - Opportunity to **connect** with other **caregivers** supporting individuals with aphasia
 - **Information** on other **community resources** available to caregivers and individuals living with aphasia



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4. Community Engagement Groups

- **Brain Wellness** – virtual group with focus on **cognitive communication** skills (memory, problem solving, attention)
- **Special interest groups:** games, holidays, word finding, etc.

5. Individual Social Worker support

6. Community Aphasia Education/Training in Supported Conversation (SCA™)



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WWRAP In-Person Conversation Group locations:

- Guelph
- Kitchener
- Waterloo
- Cambridge
- Fergus
- Mount Forest (seasonal)

WWRAP **Virtual Conversation Groups** are held weekly Monday-Friday.



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Eligibility:

- People with **Aphasia** that will likely remain the same or improve
- **Completed** or nearly completed their course of **speech-language therapy**
- Able to **participate in groups** and **maintain attention** for longer periods of time
- No/minimal cognitive difficulties
- **Live** in the **Waterloo-Wellington region**

**WWRAP is not available to residents in long term care facilities.



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Fees:

There is **NO FEE** to participate in WWRAP programming.

WWRAP is supported financially by the Ontario Ministry of Health and Long-Term Care through the Waterloo Wellington Local Health Integration Network (WWLHIN) and by public donations.



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Referrals:

WWRAP accepts referrals from healthcare professionals, community agencies, family members, friends, and self-referrals.

To make a referral:

- Complete the WWRAP Referral Form (see WWRAP website) and fax to 519-767-3442
- Call WWRAP Clinical Lead if you require referral support: 519-824-6000 ext. 4357



WWRAP Transition Process

Referral form faxed to WWRAP.



WWRAP team receives referral for review.



WWRAP Clinical Lead contacts client/caregiver within 1 week of referral to provide program information and review history and current concerns.



SLP and SW complete intake session and determine eligibility/suitability when space available in client's preferred group.



Group leader or Clinical Lead follows up with client to determine start date.

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WWRAP Contact Information:



Phone: 519-824-6000 ext. 4357



Fax: 519-767-3442



Email: wwrap@sjhcg.ca



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WWRAP Website:

<https://www.sjhcg.ca/our-programs-of-care/community-support-services/waterloo-wellington-regional-aphasia-program/>

See our program in action:

<https://vimeo.com/91538401>

