

# STROKE



Central South Regional  
**StrokeNetwork**

# PREVENTION

for

# PRIMARY CARE PROVIDERS

## WHAT IS THE STROKE PREVENTION CLINIC?

**THE STROKE PREVENTION CLINIC (SPC)** is an outpatient clinic for individuals who have signs and symptoms of a recent stroke or transient ischemic attack. The goal of the clinic is to reduce the incidence of future strokes by:



**PROVIDING QUICK ACCESS TO CONSULTATION BY A STROKE SPECIALIST & DIAGNOSTIC TESTING INCLUDE**



**IDENTIFYING RISK FACTORS FOR STROKE**



**EXPEDITING ASSESSMENT & ACCESS TO CAROTID REVASCULARIZATION**



**EDUCATING PATIENTS & FAMILY MEMBERS ABOUT RISK FACTOR MANAGEMENT**

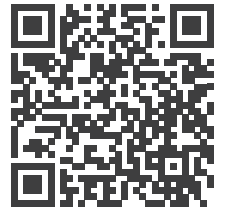
## HOW TO REFER TO THE STROKE PREVENTION CLINIC?

### PHYSICIANS AND NURSE PRACTITIONERS.

Find your local stroke prevention clinic referral form at:

[www.csnstroke.ca/primary-care-providers/](http://www.csnstroke.ca/primary-care-providers/)

**SCAN HERE**



**IF YOUR PATIENT IS EXPERIENCING PERSISTENT SYMPTOMS OF STROKE, DIRECT THEM TO THE NEAREST EMERGENCY DEPARTMENT.**

## FOCUS ON CAROTID STENOSIS

**CAROTID STENOSIS** – occurs when the carotid arteries become narrowed by fatty deposits called atherosclerotic plaque. If the plaque ruptures, a blood clot will form. The blood clot can break into smaller pieces and travel to a smaller artery causing a blockage of blood flow to the brain. **This can result in a TIA or stroke.**

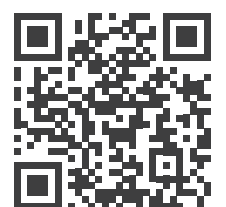
### REFER TO THE STROKE PREVENTION CLINIC:

▀ If your patient has had **TIA symptoms**.  
(Your SPC can expedite carotid imaging)

▀ If your patient has incidental findings of **50%-99% carotid artery stenosis**.

A stroke specialist will evaluate the patient for potential carotid revascularization and liaise with surgery or the interventional team to expedite access to intervention.

**SCAN HERE**



**FOR MORE INFORMATION ON BEST PRACTICE RECOMMENDATIONS VISIT:**

[www.strokebestpractices.ca](http://www.strokebestpractices.ca)

Affiliated partners:

